National Research Findings for Parents as Teachers

Parents as Teachers Children:

At age three, children are significantly more advanced in language, social development, problem solving and other cognitive abilities than comparison children.

- PAT children score higher on kindergarten readiness tests and on standardized measure of achievement in early grades.
- PAT was found to reduce placement in special education and lower incidences of abuse and neglect.

Parents as Teachers Parents:

- Are more involved in their child's schooling.
- Are more confident in their parenting role and read more to their children.
- Have increased confidence in their parenting skills.

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Parents as Teachers™
Affiliate

This brochure is brought to you courtesy of Public Health – Idaho North Central District.

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Parents as Teachers

All children will learn, grow and develop to realize their full potential.

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About Parents as Teachers

A parent is a child's first and most important teacher. This **FREE** program is designed to provide parents with information and to help build their children's intellectual, language, social, and physical development from birth to age three. Each stage in a child's development is important, and comes with opportunities for learning. Parents as Teachers helps guide parents through these stages and gives them tools for success.

Why Parents as Teachers?

Learning begins at birth, and by age three, children have learned 75 percent of all the language skills they will have as adults. A parent is a child's first and most important teacher.

In the first few years, children learn more and at a much faster pace than any other time in life. By age three, a child's brain is 80 percent of the size of the adult brain.

Who Can Participate?

Clearwater, Idaho, Latah, Lewis, and Nez Perce County residents who are pregnant as well as parents with children from birth to five years of age can participate in the program.

Parents as Teachers Program Services

In-Home Visits

Clients will receive personal visits from a certified parent educator offering timely, age-appropriate information including:

- Prenatal care for healthy fetal growth and development
- What to expect as your child grows and develops
- How to encourage intellectual development, curiosity and language development
- Focused observations using child development information
- Confidential discussion of your parenting concerns
- Fun activities to help your child prepare for school

Peer Support

- Share information about child development, parenting issues and concerns at group meetings
- Observe your child playing with other children
- Make connections with other parents and provide support to each other

Screenings

- Vision
- Hearing
- Developmental

Resource Network

- Links to informal resource and community services

What's involved in a home visit?

Visits are scheduled at a convenient time and place for both the family and parent educator.

During home visits, parent educators share development information and ideas based on the child's age, discuss parenting con - cerns, and share fun activities that help parents and children play together.

Home visits are also a chance for parents to share what their child has been doing, ask questions and follow up on ideas the parent educator has offered.

Parent educators encourage and support the parent in their parenting journey.

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