| Mobilizing Action Toward Community Health | 2013 |  |  |  |  |  |  |
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|  | Clearwater County | Idaho County | Latah County | Lewis County | Nez Perce County | State of Idaho | Top Us Performers Benchmark |
| HEALTH OUTCOMES | 24 | 23 | 2 | 16 | 25 |  |  |
| Mortality Length of Life | 26 | 34 | 5 | 20 | 29 |  |  |
| Premature death - Years of potential life lost before age 75 per 100,000 population (age-adjusted) | 7,115 | 7,637 | 4,934 | 6,697 | 7,368 | 6,139 | 5,317 |
| Morbidity Quality of Life | 24 | 13 | 4 | 7 | 16 |  |  |
| Poor or fair health - Percent of adults reporting fair or poor health (age-adjusted) | 20\% | 21\% | 12\% | 14\% | 15\% | 15\% | 10\% |
| Poor physical health days - Average number of physically unhealthy days reported in past 30 days (age-adjusted) | 4.1 | 4 | 3.6 | 3.3 | 4 | 3.6 | 2.5 |
| Poor mental health days - Average number of mentally unhealthy days reported in past 30 days (age-adjusted) | 3.9 | 3 | 2.8 | 2.8 | 3.5 | 3.4 | 2.4 |
| Low birthweight - Percent of live births with low birthweight (<2500 grams) | 5.1\% | 4.8\% | 5.3\% |  | 6.0\% | 6.6\% | 6.0\% |
| HEALTH FACTORS | 39 | 34 | 5 | 28 | 14 |  |  |
| Health Behaviors | 40 | 27 | 10 | 28 | 34 |  |  |
| Adult smoking - Percent of adults that report smoking >= 100 cigarettes and currently smoking | 23\% | 18\% | 14\% | 16\% | 20\% | 17\% | 14\% |
| Adult obesity - Percent of adults that report a BMI >= 30 | 32\% | 28\% | 25\% | 29\% | 32\% | 27\% | 25\% |
| Food Environment Index - measure ranging from 0 (worst) to 10 (best) which equally weights two indicators of the food env. (access) | 6.6 | 6.1 | 7 | 6.2 | 7.8 | 7.3 | 8.7 |
| Physical inactivity - Percent of adults age 20 and over reporting no leisure activity | 26\% | 26\% | 17\% | 24\% | 24\% | 20\% | 21\% |
| Access to exercise opportunities - Percent of the population with adequate access to locations for physical activity | 35\% | 48\% | 32\% | 56\% | 52\% | 62\% | 85\% |
| Excessive drinking - Binge plus heavy drinking | 14\% | 19\% | 22\% | 28\% | 19\% | 15\% | 10\% |
| Alcohol-impaired driving deaths - percentage of motor vehicle crash deaths with alcohol involvement | 43\% | 36\% | 28\% | 33\% | 18\% | $33 \%$ | 14\% |
| Motor vehicle crash death rate - Motor vehicle crash deaths per 100,000 population | 21 | 31 | 11 | 42 | 20 | 16 | 10 |
| Sexually transmitted infections - Chlamydia rate per 100,000 population | 115 | 122 | 279 | 209 | 410 | 297 | 123 |
| Teen birth rate - Teen birth rate per 1,000 female population, ages 15-19 | 41 | 31 | 10 | 29 | 32 | 36 | 20 |
| Clinical Care | 25 | 37 | 8 | 31 | 6 |  |  |
| Uninsured adults - Percent of population under age 65 without health insurance | 20\% | 21\% | 18\% | 23\% | 17\% | 19\% | 11\% |
| Primary care physicians - Ratio of population to primary care physicians | 791:1 | 1645:1 | 1571:1 | 3822:1 | 1276.1 | 1683:1 | 1051:1 |
| Dentists - Ratio of population to dentists | 2301:1 | 2805:1 | 2438:1 | 1982:1 | 1499:1 | 1629:1 | 1439:1 |
| Mental Health providers - Ratio of population to mental health providers | 1151:1 | 1403:1 | 1091:1 | 1982:1 | 749:1 | 854:1 | 536:1 |
| Preventable hospital stays - Hospitalization rate for ambulatory-care sensitive <br> conditions per 1,000 Medicare enrollees | 97 | 74 | 58 | 56 | 51 | 41 | 46 |
| Diabetic screening - Percent of diabetic Medicare enrollees that receive HbA1c screening | 82\% | 80\% | 87\% | 82\% | 86\% | 82\% | 90\% |
| Mammography screening - Percent of female Medicare enrollees that receive mammography screening | 62\% | 48\% | 63\% | 51\% | 68\% | 58\% | 71\% |
| Social \& Economic Factors | 39 | 35 | 3 | 21 | 13 |  |  |
| High school graduation - Percent of ninth grade cohort that graduates in 4 years | 95\% | 84\% | 82\% | 91\% | 83\% | 81\% |  |
| Some college - Percent of adults aged $25-44$ years with some post-secondary education | 51\% | 54\% | 78\% | 57\% | 66\% | 63\% | 70\% |
| Unemployment - Percent of population age 16+ unemployed but seeking work | 13.0\% | 9.3\% | 6.4\% | 5.8\% | 5.9\% | 7.1\% | 4.4\% |
| Children in poverty - Percent of children under age 18 in poverty | 27\% | 28\% | 17\% | 27\% | 19\% | 21\% | 13\% |
| Inadequate social support - Percent of adults without social/emotional support | 17\% | 20\% | 12\% |  | 18\% | 17\% | 14\% |
| Children in single-parent households - Percent of children that live in household headed by single parent | 23\% | 35\% | 21\% | 34\% | 31\% | 24\% | 20\% |
| Violent Crime Rate - Violent crime rate per 100,000 population | 269 | 104 | 107 | 285 | 140 | 216 | 64 |
| Injury deaths - Injury mortality per 100,000 | 89 | 99 | 59 | 106 | 95 | 64 | 49 |
| Physical Environment | 29 | 22 | 30 | 23 | 24 |  |  |
| Air pollution-particulate matter days - Average daily measure of fine particulate matter in micrograms per cubic meter | 10.9 | 10.4 | 11.1 | 10.7 | 10.7 | 10.1 | 9.5 |
| Drinking water safety - percentage of population exposed to water exceeding a violation limit during the past year | 6\% | 10\% | 1\% | 9\% | 1\% | 8\% | 0\% |
| Severe housing problems - Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities | 10\% | 15\% | 20\% | 10\% | 13\% | 15\% | 9\% |
| Driving alone to work - Percent of the workforce that drives alone to work | 79\% | 69\% | 65\% | 74\% | 81\% | 77\% | 71\% |
| Long commute - driving alone - Among workers who commute in their car alone, the percentage that commute more than 30 minutes | 27\% | 27\% | 21\% | 32\% | 12\% | 21\% | 15\% |
| Limited Access to healthy foods - Percent of population who are low-income and do not live close to a grocery store | 9\% | 15\% | 5\% | 19\% | 4\% | 7\% | 1\% |
| Access to recreational facilities - Rate of recreational facilities per 100,000 population | 0 | 12 | 8 | 0 | 15 | 10 | 16 |
| Fast Food Restaurants - Percent of all restaurants that are fast-food establishments | 25\% | 21\% | 46\% | 29\% | 44\% | 46\% | 27\% |

