Take the test. **Save your life.**

66 Mom loved to draw, garden, and cook. She was my best friend and colon cancer took her life."

Jennifer IDAHOAN



COLON CANCER IS THE SECOND **LEADING CAUSE OF** CANCER DEATH, BUT IT DOESN'T HAVE TO BE.

Colon cancer is both preventable and treatable. If you're 50 or older, see your doctor. Get tested.

IT'S PREVENTABLE

Get screened. Colon cancer can be prevented by finding and removing polyps before they turn into cancer.

IT'S TREATABLE

Don't ignore the signs or symptoms:

- Bleeding from your rectum
- Blood in your stool
- Changes in bowel movements
- Diarrhea, constipation or both
- Lack of energy
- Unexplained weight loss

These signs don't mean you have cancer but you need to talk to a doctor right away.

IT'S BEATABLE

The odds are in your favor: 95% survival rate if found in the earliest stages. Get tested. Ask your doctor which test is best for you.

For additional information about colon cancer and other cancers, visit:

THE AMERICAN CANCER SOCIETY www.cancer.org





HEALTH & WELFARE

