



Public Health

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Press Release

FOR IMMEDIATE RELEASE

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HEADLINE: A Time to Remember. A Time to Prepare.

LEWISTON, IDAHO – Public Health – Idaho North Central District would like you to join in the observance of the 10th anniversary of the terrorist attacks of September 11, 2001, a day that changed America forever. September, designated by Presidential Proclamation as National Preparedness Month is part of a committed effort to strengthen the United States preparedness activities. It provides our nation with the opportunity to remember the victims, honor those who responded, and to make a renewed commitment to being better prepared for the future.

To commemorate this occasion and pay tribute, the Public Health Preparedness program at Public Health – Idaho North Central District would first like to recognize the heroic service, actions, and sacrifices of first responders, medical personnel, law enforcement, State and local officials, emergency management, volunteers, and countless others who contribute on a daily basis.

The Public Health Preparedness program would also like to remind you that preparedness is a shared responsibility; it takes a whole community. Through preparedness, we can honor the memory of those whose lives were lost by making sure we are ready for all types of disasters and emergencies. There is no better time to prepare than now. The next time disaster strikes, you may not have much time to act.

As an individual, there are many things you can do to help your family and community be prepared. Preparing can start with three important steps:

1. Get an emergency supply kit.
2. Make a plan for what to do in an emergency.
3. Be informed about emergencies that could happen in your community, and identify sources of information in your community that will be helpful before, during and after an emergency.

Public Health can be a valuable resource to get you started on making you, your family and all of North Central Idaho more prepared for a public health disaster. For further information or to become a part of your community's preparedness efforts, please visit www.idahopublichealth.com or contact Public Health – Idaho North Central District at 208-799-3100.