

**Become a certified Fit and Fall Proof™  
Exercise Class Leader for SENIORS.**



**Fit and Fall Proof™  
Exercise Class Leader Training**

**October 25, 2011  
9:00 a.m. - 4:30 p.m.**

**Soltman Center  
600 West Main Street, Grangeville, ID**

**Registration is required by October 17, 2011**

**To register for this training, contact Deb Merica at  
Public Health - Idaho North Central District  
(208) 799-0379 or [dmerica@phd2.idaho.gov](mailto:dmerica@phd2.idaho.gov)**

